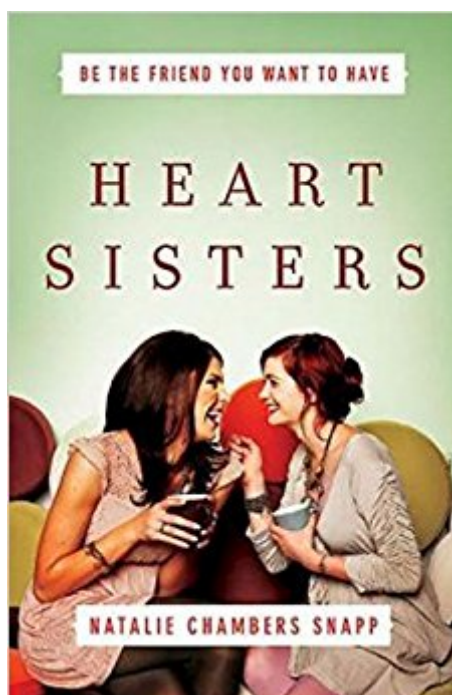


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# Heart Sisters: Be The Friend You Want To Have



## Synopsis

Friendships with other women are as important to our mental, physical, and spiritual health as rest, exercise, and prayer. We don't just want friends—we need friends. Yet sometimes they can be as difficult as singing a song without the lyrics. If you've ever been hurt by a friend, struggled to balance friendship with everyday life, or seen a friendship end too early, Heart Sisters will help you:   
• Overcome your fear of being hurt by other women,   
• Practically examine issues so you can work your way through conflicts,   
• Recognize when it's time to establish healthy and holy boundaries,   
• Get right with God so you can get right with others, and   
• Discover the secret to authentic friendships. With discussion questions and real-life examples, Heart Sisters will help you be the friend you want to have.

## Book Information

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## Customer Reviews

Natalie Chambers Snapp is an author, blogger, and speaker who describes herself first and foremost as a follower of Jesus, then wife to Jason, and mom to one spunky daughter and two spirited sons with a whole lot of energy. Not choosing to follow Jesus until the age of twenty-seven, she is passionate about sharing the grace, mercy, and truth of God's love regardless of your track record. Her authentic approach to life and faith is both refreshing and endearing. Natalie is the author of *Becoming Heart Sisters: A Bible Study on Authentic Friendships* and the book *Heart Sisters: Be the Friend You Want to Have* and has written for various blogs and online devotionals, including *Proverbs 31*. She lives in West Lafayette, Indiana with her crew and writes about faith in the everyday mundane. Visit her at [NatalieSnapp.com](http://NatalieSnapp.com), and follow her at

facebook.com/AuthorNatalieSnapp and on Twitter: @NatalieSnapp.

This powerful book should be part of every young woman's life, so maybe they can avoid some of the scarring experiences that many of us have had in striving, through our brokenness, to be in relationship with our sisters in Christ. Yes, this is a Christian book and, while you can glean many useful things from it outside of that context, I think you gain the MOST from it, by sharing that perspective. Heart Sisters is a book written by a Christian author for a primarily Christian audience and, as such, it poured into my soul! I was excited to read this believing that it would be a step by step guide to forming lifelong friendships...and it is. But, it is also a direct, hard hitting call to action...to forgiveness...to healing...to forward progress. I didn't believe I really needed to re-visit past hurts because I thought I had handled them well...and moved on. Mrs. Snapp showed me, through her engaging style, that I had more "work" to do in order to really be present and available to be a true friend to others. I love the author's gift for softening the blow of powerful realities...of concepts and processes that I have preferred to avoid for too long. I love her ability to articulate what an essential need we have for the soul connection with other women friends! All I kept thinking about as I read it is: "Why wasn't this book around when I was young?" (She probably was in preschool then...ha ha) "I need every Christian woman I know to read this!!" (I'm working on that by making it a book club book for our next title!) I will also be giving a copy of this to our daughter who is in college. I think it will prepare her heart for lifelong, true friendships and I am so excited about how God will work in her young life! This book is amazing and a MUST READ for all Christian women!!

Natalie Chambers Snapp speaks right to the heart of every woman in this beautiful book! She balances honest life experiences...the good, the bad and the ugly...with solid Biblical references and the result is a book that every woman can both relate to and learn from. I found myself nodding in agreement with so many passages in her book, she hits the nail on the head with her honest dialogue about the deep need women have for relationships, the wounds we can often carry from our early experiences with friends, and ways we can strengthen and deepen friendships with our sisters in Christ. The author writes in a way that makes you feel like she's right across the table from you sipping a cup of coffee, offering advice and nodding in understanding...it's a joy to read. It's high time someone wrote a book that addresses both the beauty and importance of fellowship as well as offering practical guidance for how to navigate the (often choppy) waters of friendship. The depth and honesty you'll find in Heart Sisters makes it the perfect book for a book study...I can't think of anything that would take a group of women from acquaintances to good friends faster than reading

this together and sharing the thoughtful discussion questions at the end of each chapter. I can't recommend Heart Sisters strongly enough!

I cannot say enough how very much I NEEDED this book. My heart has ached for years over several broken friend relationships with women in my life. There was one wound in particular that I knew needed to be dealt with which was part of the reason why I bought this book to begin with. There were many times during my time in reading this book that I wept, sought repentance and accepted the truth that was written here be the salve to my soul that I had refused for so long because it just hurt so bad. I will, no doubt read this book more than once. I have also purchased extra copies of this book and gave them to other women that have confided in me about their hurts suffered by broken relationships with women whom they loved. Natalie speaks God's truth candidly and in love to the reader. Her work here is a powerful instrument of God's grace for us when we hurt ourselves and others with our sin nature. One point that she makes that I have been meditating on is "Choosing to love the women around us and desire good for them is an example of loving our neighbors as ourselves." This book is packed with so much truth about God's love for us and how we can choose to model it in our relationships with women in our circles. I believe that this book can change the way women treat each other in the workplace, our churches, our homes, and neighborhoods if it is embraced with truth and genuineness. I would recommend this book to women of all ages because the truths are timeless. I think she speaks to generations of women in a message that everyone can relate to. Thank you Natalie Chambers Snapp for daring to be so bold and speak to us women about the good, the bad and the ugly. I am a grateful reader. If your considering buying this book, check out what people have said on the authors page. Here is the link:[...]

This is such a refreshing look at the relationships that women have, how to have them, and how to resolve conflicts. Natalie Snapp has been through the trenches, and gives us a guide on how to navigate our way through friendships. She is real, she is honest, and she is inspiring! It hit home with me when Natalie stated that "until we get right with God, we'll continue to spin our relational wheels and live with frustration and confusion." When I did this, everything fell into place. Now knowing the difference of quality versus quantity, clique versus tight-knit, the sisters that should surround you, establishing boundaries I'm ashamed to admit that it took me into my fourth decade to really know how to decipher these things. I wish this book had existed when I was growing up. This is something every woman should read, and share with our younger generations.

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